

Name of Activity: International Yoga Day Celebration

Venue: SCVB GC Palampur

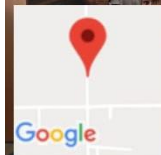
Date: Saturday, 21st June, 2025

Participants: Principal, Teaching & Non Teaching Staff, NCC Cadets, Students, Teacher & Volunteers from Art of Living Organization

Objective: The main objectives of celebrating International Yoga Day 2025, under the theme "Yoga for One Earth, One Health", are to raise global awareness about the benefits of yoga, promote a healthy lifestyle, and highlight the interconnectedness of individual well-being and planetary health. This includes emphasizing yoga's role in physical and mental well-being, fostering a sense of unity through shared practice, and encouraging sustainable living.

Brief Report: Yoga and Fitness Club/ Sports Club of College organizes IYD on 21st June, 2025. Worthy Principal Sir, Teaching & Non Teaching Staff, NCC Cadets and other students have actively participated in the event. Teacher & Volunteers from Art of Living Organization conducted Yoga and Meditation as per the Common Yoga Protocol (CYP) issued by the Ministry of AYUSH. This year theme, "Yoga for One Earth, One Health," highlights the interconnections of Human well being and environmental harmony.





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Kangra Division, Himachal Pradesh, India
Shaheed Capt. Vikram Batra Government College,
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Long 76.538087°
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GPS Map Camera
Kangra Division, Himachal Pradesh, India
Shaheed Capt. Vikram Batra Government College,
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